

## SUN AWARENESS POLICY AND PROCEDURES

### Rationale

Children should access outdoor play and learning on a daily basis and therefore we should take appropriate precautions to ensure that children have protection from the sun.

**This guidance will help providers and staff to take into account the relevant [Health and Social Care Standards](#):**

1.32 As a child, I play outdoors every day and regularly explore a natural environment.

2.2 I am empowered and enabled to be as independent and as in control of my life as I want and can be.

**This guidance will help providers and staff to take into account the relevant Quality Indicators from How Good is our Early Learning and Childcare:** [https://education.gov.scot/nih/Documents/Frameworks\\_SelfEvaluation/FRWK1\\_NIHeditSelf-evaluationHGIELC/HGIOELC020316Revised.pdf](https://education.gov.scot/nih/Documents/Frameworks_SelfEvaluation/FRWK1_NIHeditSelf-evaluationHGIELC/HGIOELC020316Revised.pdf)

2.1 Safeguarding and child protection

**This policy will be monitored by / through:** Check of parental consent forms and sun screen products, parental consultation, records of application, audit of outdoor environment

This policy will be reviewed in:	12 months
Review Date:	August 2023
Reviewed By:	Management

AIMS	OUTCOMES	IMPLEMENTATION
<ul style="list-style-type: none"><li>• To ensure that children are appropriately protected when outdoors</li><li>• To work in partnership with children and families in order to promote sun protection</li></ul>	<ul style="list-style-type: none"><li>• Children are protected from over exposure to the sun</li><li>• Staff and families work together to ensure children are supported in keeping themselves safe in the sun</li></ul>	<ul style="list-style-type: none"><li>• Staff follow Angus Council's Sun Awareness procedures.</li><li>• Staff follow guidance in Health and Social Care Standards – in particular Standards 1.32, and 2.2 – <u>Health &amp; Social Care Standards</u></li><li>• Staff follow NHS Sunscreen and sun safety guidance - <a href="https://www.nhs.uk/sunscreen-and-sun-safety">nhs.uk/sunscreen-and-sun-safety</a></li><li>• How Good is Our Early Learning and Childcare Quality Indicators – 2.1</li></ul>

### **Sun Awareness Procedures**

- Parents should complete a consent form for the application of sun screen
- Parents should be asked to provide sun screen (labelled with the child's name) and appropriate clothing including a sun hat
- With parental permission, staff should supervise and support children in the application of sun screen
- Staff should wash hands after each application. If gloves are worn, they should be changed after each application
- If FELCC provided sun screen is used, then hands should be washed/gloves changed only when changing to a different lotion
- Sun screen should be reapplied regularly in accordance with product instructions
- Ensure there are ample shady areas provided in the outdoor environment and that children have access to drinking water
- The amount of time spent outdoors on sunny days should be carefully monitored and regulated to reduce the risk of over-exposure to the sun.