

SUN AWARENESS POLICY AND PROCEDURES

Rationale

Children should access outdoor play and learning on a daily basis and therefore we should take appropriate precautions to ensure that children have protection from the sun.

This guidance will help providers and staff to take into account the relevant [Health and Social Care Standards](#):

1.32 As a child, I play outdoors every day and regularly explore a natural environment.

2.2 I am empowered and enabled to be as independent and as in control of my life as I want and can be.

This guidance will help providers and staff to take into account the relevant Quality Indicators from How Good is our Early Learning and Childcare: https://education.gov.scot/nih/Documents/Frameworks_SelfEvaluation/FRWK1_NIHeditSelf-evaluationHGIELC/HGIOELC020316Revised.pdf

2.1 Safeguarding and child protection

This guidance will help providers and staff to take into account the relevant articles from the UN Convention on the Rights of the Child: [A Summary of the UN Convention on the Rights of the Child](#)

Article 3 – best interests of the child

Article 24 – health and health services

This policy will be monitored by / through: Check of parental consent forms and sun screen products, parental consultation, records of application, audit of outdoor environment

This policy will be reviewed in:	12 months
Review Date:	August 2025
Reviewed By:	Management

AIMS	OUTCOMES	IMPLEMENTATION
<ul style="list-style-type: none"> • To ensure that children are appropriately protected when outdoors • To work in partnership with children and families in order to promote sun protection • To ensure children's rights are upheld in accordance with the UNCRC 	<ul style="list-style-type: none"> • Children are protected from over exposure to the sun • Staff and families work together to ensure children are supported in keeping themselves safe in the sun • Within and beyond our setting there is a shared understanding of wellbeing and children's rights 	<ul style="list-style-type: none"> • Staff follow Angus Council's Sun Awareness procedures. • Staff follow guidance in Health and Social Care Standards – in particular Standards 1.32, and 2.2 – <u>Health & Social Care Standards</u> • Staff follow NHS Sunscreen and sun safety guidance - nhs.uk/sunscreen-and-sun-safety • How Good is Our Early Learning and Childcare Quality Indicators – 2.1 • All staff understand their responsibilities as duty bearers to respect, promote and realise children's rights

Sun Awareness Procedures

- Parents should complete a consent form for the application of sun screen
- Parents should be encouraged to apply sun screen before attending the setting
- Parents should be asked to provide sun screen (labelled with the child's name) and appropriate clothing including a sun hat
- With parental permission, staff should supervise and support children in the application of sun screen
- Staff should wash hands after each application. If gloves are worn, they should be changed after each application
- If FELCC provided sun screen is used, then hands should be washed/gloves changed only when changing to a different lotion
- Sun screen should be reapplied regularly in accordance with product instructions
- Ensure there are ample shady areas provided in the outdoor environment and that children have access to drinking water
- The amount of time spent outdoors on sunny days should be carefully monitored and regulated to reduce the risk of over-exposure to the sun.